

ADVANCED CLASSES SUMMER

All classes are by invitation only. Classes start June 10th

Flips Gymnastics

Girls Developmental (classes are 90 minutes)					
		Monday	Tuesday	Wednesday	Thursday
Pre-Develop.	3:30		Allec		
Develop.	3:30	Allec			
	4:00			Allec	
3hr Develop.	3:30		Becky		Becky
Force A	12:00-3:00	Becky/Allec		Becky/Allec	
Force B	12:00-3:00		Becky/Allec		Becky/Allec

Girls Advanced (classes are 90 minutes)				
	Monday	Tuesday	Wednesday	Thursday
10:15		Kelley		
2:00	Kevin			
3:30				Kelley
4:00			Mattie	
5:15	Kevin	Allec		

Boys Developmental			
		Tuesday	Thursday
Pre-Develop. (75 min.)	11:30		Matt
3hr. Develop	4:00	Matt	Matt

Star Program				
	Monday	Tuesday	Wednesday	Thursday
Andromeda Kevin	9:00-11:15	9:00- 1:15		4:15-5:45
Callisto Chelsea	4:45-7:00		4:45-7:00	4:15-5:45

Boys Advanced (classes are 90 minutes)	
	Wednesday
2:00	Matt

FLIPS TEAMS

Girls Team - Optionals Monday - Thursday (20 hrs) Larry, Allec & Becky 10:00-3:00	
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Boys Team Matt			
	Monday	Tuesday	Thursday
Level 5 (7.5 hrs)	1:00-3:30	1:00-3:30	1:00-3:30
Level 6 (9 hrs)	1:00-3:30	11:30-3:30	1:00-3:30

my.flipstx@gmail.com (281) 292-4407
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Girls Team - Compulsory Mattie / Becky			
	Monday	Wednesday	Thursday
9 hr A	12:00-3:00	12:00-3:00	12:00-3:00
9 hr B	3:00-6:00	3:00-6:00	3:00-6:00

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